



**Tuesday, 20 September 2011**

Gundagai High School  
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Principal: Jennifer Miggins

### **Term Dates**

**Term 4** 10<sup>th</sup> Oct – 16<sup>th</sup> Dec.

### **DATES FROM THE CALENDAR:**

#### **Term 3**

##### **Week 10**

- ✓ **Wednesday 21<sup>st</sup> September**  
Variety Night in MPC @ 7pm
- ✓ **Thursday 22<sup>nd</sup> September**  
"Love Bites" Program - all Yr 10
- ✓ **Friday 23<sup>rd</sup> September**
  - Year 12 Assembly
  - Melbourne Show Team leaves

#### **Term 4**

##### **Week 1**

- ✓ **Monday 10<sup>th</sup> October**
  - All students and staff return to school
  - Yr 10 Trials Commence
- ✓ **Wednesday 12<sup>th</sup> October**  
Yr 6 Uniform fittings – 3.30pm-4.30pm
- ✓ **Friday 14<sup>th</sup> October**  
Out of Uniform Day for P&C Street Stall

# Gundagai High School

# NEWSLETTER

## **PRINCIPAL'S MESSAGE**

### **CONGRATULATIONS**

Billie-Joe Carberry, Toni Carr, Nellie Bower, Eden Collier, Ema Collier and Amelia French who performed at the **Riverina Highlands Dramatic Minds Festival 2011** on Thursday 8<sup>th</sup> September at the Montreal Theatre. They received a Highly Commended, Well Done girls!

### **HAVE A GREAT HOLIDAY!**

On Wednesday 7<sup>th</sup> September Gundagai High School students and staff said a big THANK YOU to Mrs Glenna Petty and wished her the very best for a well-earned extended break until 2012.

### **VARIETY NIGHT**

Wednesday 21<sup>st</sup> September, starting at 7 pm in the MPC. This is a showcase of the student talent at Gundagai High School. There will be fundraising raffles to raise money for the new Stage Curtains and supper to purchase.

### **FAREWELL ASSEMBLY for YEAR 12**

Our farewell assembly for Year 12 students will be on Friday 23<sup>rd</sup> September at 10.30am with a morning tea for them and their parents with staff afterwards. The Higher School Certificate examinations begin on Monday 17<sup>th</sup> October with their last examination on Friday 11<sup>th</sup> November. The Year 12 formal at the Gundagai Serviceman's Club will be on Monday 14<sup>th</sup> November, 2011.

### **GOOD LUCK and ENJOY**

- To the Melbourne Show Team who head off to Melbourne on Friday 23<sup>rd</sup> – 28<sup>th</sup> September, 2011.  
Thank you Ms Thake who is also attending this year.
- To the Rural Fire Service Cadets who head off to Myuna Bay to the National Titles on Tuesday 4<sup>th</sup> – 9<sup>th</sup> October, 2011.

**A HUGE BIG THANK YOU** to Mr Chadwick for his time and effort in his organisation and participation in support of our students.

### **YEAR 10 TRIAL SCHOOL CERTIFICATE EXAMS**

A reminder that these will be the first week back after the holidays.

### **P&C STREET STALL**

There will be a Mufti Day on Friday 14<sup>th</sup> October (Week 1 Term 4) to bring in items for the street stall to be held on 27<sup>th</sup> and 28<sup>th</sup> October. See advertisement further on in the Newsletter.

## THANK YOU

To all the staff for their efforts this term.

To the enthusiastic and supportive parents on the P&C.

Have a safe and enjoyable holiday.

Note: I will be on leave for the first 11 days of next term and Mr Bridgeman will be relieving Principal.

Jennifer Miggins

Principal

## ADMINISTRATION NEWS

### Uniforms

Uniforms will be available to try on at Gundagai High School on Wednesday 12<sup>th</sup> October (Week 1, Term 4) between 3.30 and 4.30pm.

If this day is inconvenient, please contact me on 6944 1233 and other arrangements can be made.

Barbara Ballard

Administration Manager

### Late Arrivals

The school day starts at 9.00 with Roll Call. It is important for your child to attend roll call in the morning as it is an information sharing time. If there are any variations to the day, roll call is where everyone finds out about it. A lot of sporting announcements are also made at these roll calls. If your child doesn't arrive at school on time to attend roll call, they need to sign in at the front office.

There are several issues with students arriving late to school including:

Students don't know if there are any variations to the school day which may include visiting workshops, room changes, program changes, nominating for sporting events.

These partial lateness add up over the year and it will be shown on their school reports that they have had unexplained absences. This does not look good when they apply for a job and need to show their school reports.

Students arriving late to a class are disruptive to both the teacher and fellow students.

We ask all parents to encourage their children to arrive at school by 8.45 am, attend roll call and are ready for lessons. If students are late to school they are required to bring a note explaining the reason for their lateness, just as they would on their return to school if they were away for the whole day/s.

## A TREE-MENDOUS EFFORT

On Thursday 15<sup>th</sup> August, 33 Year 8 Technology agriculture students travelled to the Elworthy's farm on the Tarabandra Road and planted over 600 native trees. This exercise supplemented their in class work on small herb garden design with a large scale practical planting. The trees were placed on a ridge line to reduce the chances of salinity arising, reduce erosion, provide shelter for stock and increase on farm biodiversity. "The students were on task for 4 hours to complete this mammoth exercise. It was a beautiful day with all appreciating the views. I was extremely impressed with the mature attitude displayed by the students as they took to the task vigorously.

I wish to thank Ms Veronica Thake who also came on the day and staff who covered my classes.

The students were provided with sausages and a drink for lunch by Jamie Elworthy which fuelled them for the second half downhill race to the end of the tree line. The day all came together as a broad scale practical experience for students, a late National Tree Day initiative and provided an opportunity to assist the Elworthy's who are strong supporters of our Melbourne Show Cattle program.



Jamie Evans, Peter Britt, Nellie Bower and Jayden Mansell work the line.



Team Tree



First leg of the belt

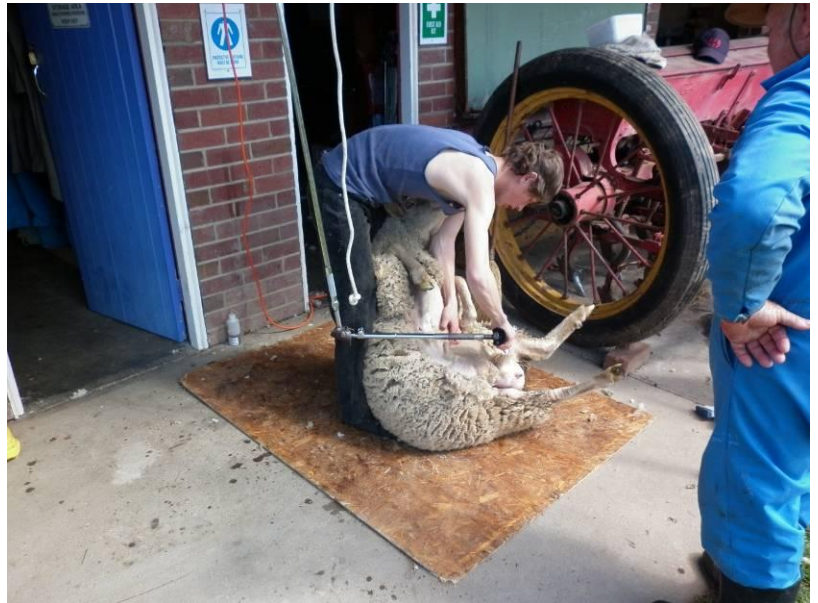
Dale Chadwick  
Agriculture Teacher



## TAFE SHEARING SCHOOL GRADUATE SHOWS HIS SKILLS

Year 10 agriculture student Daniel French recently attended the Nth Wagga TAFE shearing school. Here he was put through the paces of a working shed and coached in the techniques for shearing. Daniel was able to display his skills when he assisted Farm Assistant Joe Hourn to shear the schools sheep. I wish to thank Daniel for the professional way he went about the task and the skill level he displayed.

D. Chadwick Agriculture Teacher



Daniel French starts a ewe under the watchful eye of Joe Hourn

## MELBOURNE SHOW STEERS

Preparations for the Melbourne Show Steers Team are progressing well and the beasts have taken well to being washed and blow dried. They continue to gain weight thanks to the donated feed from Jamie and David Elworthy and should be at their peak just in time for Melbourne on the 23<sup>rd</sup> – 28<sup>th</sup> September. The team, Charlie Degotardi, Amelia French, Billie-Joe Carberry, Tiffany Smart, Daniel French and Kyle Ireland have been working hard during lunchtimes to improve their parading skills along with the settling of the stock. Bong (Bongongo Angus), Tiff (S&M Luff), AbE (Abingdon Station), Shrek (GHS + Bongongo Bull) and Gundy (GHS + Bongongo Bull) have all come on well and look a solid team of Angus steers which is the feature breed in Melbourne this year. I would like to recognise and thank Bill and Tony Barton of Gundagai Meat Processors for their generous donation of \$500 which will go towards the cost of running this program for students at Gundagai High. Their ongoing support is very much appreciated.

D. Chadwick  
Agriculture Teacher

## GHS RURAL FIRE SERVICE CADETS

The focus of recent cadet activity has been training for the upcoming National titles at Myuna Bay on the 4<sup>th</sup> -7<sup>th</sup> October. During their practice sessions on Mondays after school, Wednesday sports and every 2<sup>nd</sup> Sunday they have managed to go through each of the scenarios that they will be challenged with during the National Competition. The team Veronica Britt, Chris Lewin, James Petty, Kyle Ireland, Terry Watson and Chase Shaw are coming together well and have developed a great team spirit. One of the events requires the making of a trail with rake-hoes to allow hoses and personnel access to targets. TEGRA of Sth Gundagai has generously donated a load of heavy mulch to allow the cadets to practice this important aspect of the scenario. We wish to thank TEGRA and Rob Ward for this donation which assists the cadets to develop their skills in this activity.

D Chadwick Cadet  
Coordinator



Chris Lewin and the cadets  
in a hose rolling race.



Kyle Ireland manning the pump.

# Let's get ready for Term 4

Each day you will need to bring:

📖 Books for each lesson

📖 Student diary or book to write homework tasks in

📖 Calculator

📖 Pens (red, black, blue), pencils, sharpener, ruler, glue stick

📖 When you have P.E. bring a T-Shirt, shorts, socks and runners.

**\* Years 9 & 10 need to have laptops fully charged and ready to go. \***



## THANK YOU FROM JUMP ROPE FOR HEART

On behalf of the Heart Foundation, the Jump Rope for Heart team would like to thank all the families and school community for their generous donations to the Jump Rope for Heart program at your school this year!

Not only have the students learnt some great skipping tricks while keeping physically active – but they have also had the chance to help us save lives.

We would like to acknowledge all the support from parents and teachers throughout the Jump Rope for Heart program this year. Thank you!

A special thank you also to Gretchen Walsh, Tim White, Rodney Crane and Fiona Smallwood for coordinating the program.

We are happy to announce that Gundagai High School raised \$571.35!

*From the Jump Rope for Heart Team*



## WHERE DOES THE MONEY GO?

You will be shocked to know that cardiovascular disease is Australia's Number 1 Killer – and affects two out of every three families at your school.

Through fundraising with Jump Rope for Heart, schools across NSW have been able to help Australian students work towards better heart health by funding outstanding research projects, public education programs and engaging in physical activity.

Over 51 years since the Heart Foundation was established, we have been able to achieve so much, but we still have ambitious plans to continue reducing the enormous suffering caused by cardiovascular disease.

***Together – we will make a difference***



# P&C Street Stall

The GHS P&C street stall will be held on **Thursday 27<sup>th</sup> October and Friday 28<sup>th</sup> October**. The P&C is busy planning for this major fundraising activity.

To gather items for the hamper raffle, an **Out of Uniform Day** will be held on **Friday 14<sup>th</sup> October**, however instead of a gold coin donation students are asked to bring donations for the hamper.

**Years 7 – Cleaning items** (laundry, bathroom, kitchen) eg sponges, gloves, cleaners, detergent, buckets, tissues, paper towels etc.



**Year 8 – Kitchen pantry items** – food items such as soups, cans, flour, spices, rice, pasta, breakfast cereals etc.

**Years 9 & 10 – Snacks** – biscuits, chips, lollies, nuts etc.

**Years 11 & 12 – Garden /Outdoor items** – seeds, bulbs, gardening gloves, pegs, etc

**Please check hamper items are “in date”.**

We need helpers to sit on the stall. If you can spare an hour on either of the 2 days please phone Tracey Ingold 6944 2019 or 0412 806 400 and leave a message so a roster can be drawn up.



**Donations of cakes and slices** will be greatly appreciated. If you can please send in your home-baked goodies to school on the mornings of Thursday, 27<sup>th</sup> October and Friday, 28<sup>th</sup> October or preferably, deliver direct to the stall which will be at IGA.

Attached to the end of the newsletter is a sheet of labels for all your wonderful cooking. If you require anymore, please contact the school office.

Your support for this fundraiser will be appreciated.

Tracey Ingold

Publicity Officer

# GHS in Focus

**Shearing School**



**Dramatic Minds**



**“Build a Bridge.....”**



**Age Champions**





## *GHS Variety Night – “love & peace”*

**When:** Wednesday, 21<sup>st</sup> September 2011

**Where:** Gundagai High School - Multi-Purpose Centre

**Cost:** \$5.00 per person or \$10.00/Family

**Time:** 6.30 for 7pm start

**Raffle tickets** will be available at the door

**Supper** will be available for purchase

All monies from the admission charge and raffle will be used to boost our fundraising for new stage curtains in the MPC.

*“Come along and enjoy a great night of entertainment by our students”*

## COMMUNITY NEWS

### Tumut and District Little Athletics

\*To commence Wednesday, 12<sup>th</sup> October, 2011 until Wednesday 14<sup>th</sup> March, 2012.

\*For all ages including 4 year olds (Tiny Tots) born before September 2007.

\*Registration must be online at [www.laansw.com.au](http://www.laansw.com.au).

\*\$65 for all ages /Family \$195 for 3 or more athletes/ \$55 for Tiny Tots.

\*You must collect athletes number, uniform, handbook and finalise payment at registration days on

\*Wednesday, 7<sup>th</sup> and Wednesday, 14<sup>th</sup> Sept at Tumut Library from 3:30 to 5:30pm

\*And Saturday, 17<sup>th</sup> September from 10am to 12noon at Tumut Library.

\*Any enquiries to Mark Grove on 0427 163 270.

### Gundagai Preschool Kindergarten ----- 2012 Enrolments

Applications are now being accepted for the full and half day program.

Please contact the preschool for an application form.

Gundagai Preschool provides a quality education program delivered by experienced university qualified early childhood teachers in a purpose built setting. We are focused on assisting children to transition to formal schooling in a safe, secure and stimulating environment.

Phone/Fax: 02 6944 1580

[gundagaipreschool@bigpond.com](mailto:gundagaipreschool@bigpond.com)

# Gundagai High School



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# Gundagai High School



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# Gundagai High School



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# Gundagai High School



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# Cyber-bullying and the protection of students

Advice for parents and carers



Research shows that school is one of the safest places for children and young people to access the internet.

## What is cyber-bullying?

Cyber-bullying is an intentional, repeated behaviour by an individual or group to cause distress or undue pressure to others using technology.

Today's technology allows children to communicate instantly with others in both positive and negative ways. Cyber-bullying includes all communications that seek to threaten, humiliate, intimidate, control or put another person or persons down.

## How does cyber-bullying work?

Cyber-bullying can be carried out through an internet service such as:

- email
- chat room
- discussion group or forum
- instant messaging

- social networking websites such as Bebo, Facebook, MySpace or YouTube.

Cyber-bullying can also include bullying through mobile phones by:

- text and picture messaging
- video clips
- phone calls.

Cyber-bullies can flame (repeatedly leave negative messages), harass, exclude or cyberstalk victims using these technologies.

## What are schools doing to protect students?

The Department strives to make schools a safe place for young people. As such, any instance of bullying is unacceptable. Schools and families need to work together to make sure that students use technology appropriately and are equipped to form positive relationships.

## Policies

All New South Wales government schools are required to have a plan to counter bullying and this is outlined in the *Anti-bullying Plan for Schools (2005)*. This plan outlines strategies for parents, students and teachers to identify, report and deal with bullying behaviour. This plan can be accessed under the 'Our Policies' section of the internet site: [www.det.nsw.edu.au](http://www.det.nsw.edu.au)

## Filters

The Department maintains a strict filtering system to ensure that all websites and emails viewed on school computers are appropriate for children. Anything not appropriate is automatically blocked.

## Programs

There is a range of programs available in schools that promote positive relationships and support students. These include buddy and peer support programs,



mentoring and transition programs and conflict resolution programs.

Bullying behaviour is specifically addressed through curriculum areas such as Personal Development, Health and Physical Education. Child protection education and values education also promote strategies to counter bullying.

## What can you do to protect your child?

### 1. Talk to your child

- Discuss online safety and reassure your child that you are there to help if they need it.

### 2. Provide safe and supervised access

- Keep your family computer in a high traffic area so you can keep an eye on your child's technology use.
- Install safety software on your computer. For example, anti-virus, spy ware, a firewall and filters. Free internet content filters are available at [www.netaalert.gov.au](http://www.netaalert.gov.au)

### 3. Monitor technology use

- Take an interest in what your child is doing online.
- Remind your child of 'stranger danger', they might think they are talking to another child but it could be an adult.

### 4. Get involved and be aware

- Has your child's behaviour changed recently? Are they spending more or less time online? Are your mobile phone bills suddenly through the roof?
- Encourage your child to come to you if anybody says or does anything to make them feel uncomfortable.

### 5. Keep your knowledge up to date

– visit:

- [www.schools.nsw.edu.au/news/technology](http://www.schools.nsw.edu.au/news/technology)
- [www.netaalert.gov.au](http://www.netaalert.gov.au)
- [www.thinkuknow.com.au](http://www.thinkuknow.com.au)

## Help is available

### Your child's school

If you are aware of school-related bullying issues, encourage your child to notify a trusted adult at school or notify the school yourself. New South Wales government schools are equipped to provide advice and support to help resolve this issue.

### Offensive websites

If you are concerned about offensive websites, contact the Australian Communications and Media Authority (ACMA) [www.acma.gov.au](http://www.acma.gov.au) and they will investigate the matter.

### Report harassment and threats

Report incidents of online harassment to your local police and your Internet Service Provider (ISP). If your child is bullied through a mobile phone, report the problem to your phone service provider. They can help you block messages or calls from certain senders. If the problem is persistent, you may want to consider changing your number.

### Helpline for parents and carers

For confidential support, call the Net Alert helpline on telephone 1800 880 176.

### Helpline for children and young people

Confidential counselling is available for children and young people from the Kids Help Line on telephone 1800 551 800.

### Student Welfare Consultant

If you have contacted the school, but feel that you need more support or advice, contact the student welfare consultant at your local Department of Education and Training regional office. Find your regional office telephone number at the website [www.det.nsw.edu.au/contactus/index.htm](http://www.det.nsw.edu.au/contactus/index.htm)

## Other useful websites

### NSW Public Schools

[www.schools.nsw.edu.au/news/technology](http://www.schools.nsw.edu.au/news/technology)

### Bullying. No way!

[www.bullyingnoway.com.au](http://www.bullyingnoway.com.au)

### Kids Help Line

[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

### Reach Out!

[www.reachout.com.au](http://www.reachout.com.au)