



Friday, 30 March 2012

Gundagai High School
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Principal: Jennifer Miggins

Term Dates

Term 1 ☞ 27th Jan – 5th April

DATES FROM THE CALENDAR:

Term 1

Week 11

- ✓ **Tuesday 3rd April**
Geography Competition
- ✓ **Wednesday 4th April**
Girls Cricket V Koorindal High at Wagga
- ✓ **Thursday 5th April**
Last day of Term

**School resumes for
students
Tuesday 24th April**

Term 1

Week 1

- ✓ **Friday 6th April**
GHS Athletics Carnival
- ✓ **Friday 6th April**
School Captains to Sydney

Gundagai High School NEWSLETTER

PRINCIPAL'S MESSAGE

P & C AGM

The P&C Annual General Meeting was on Monday 19th March, 2012 at 7.00pm at the Serviceman's Club. Gundagai High School is fortunate to have an enthusiastic and energetic group of members, who look for others to join them in 2012.

The Executive positions have remained the same for 2012,

President - Lizzie Britt

Vice President- Lynda Petty

Secretary – Lin Murray

Treasurer – Carmel Lemon

Publicity – Tracey Ingold. Congratulations to these ladies.

On behalf of Gundagai High School, I would like to thank the committee for their tireless efforts in 2011, your work has been very much appreciated and we look forward to another positive year.

Annual School Report (ASR)

The Annual School Report (ASR) is the summation of our school's contextual framework for 2011, its achievements and its plans and aspirations. The document gives parents and community members further insights into the activities of the school, celebrating the richness of life at Gundagai High School today.

The Annual School Report will be available on the Gundagai High School website from Monday 2nd April, 2012. A hard copy can be requested through the school's Administration Office.

ANZAC Day

Gundagai High School will be marching as usual on ANZAC Day Wednesday 25th March. We will meet at 9.45am sharp outside the Family Hotel.

Again our School Captains will be speaking and other student leaders laying a wreath. We look forward to having as many students as possible joining in the day's march.



We acknowledge the Wiradjuri people who are the traditional custodians of this Land.

Strive to Serve



The school will be holding its ANZAC Day service early in Term 2 as well, with the date to be confirmed.

Congratulations to the Cattle Paraders, the Year 10 Geography students and the Tennis Competition participants for your representation of Gundagai High School and your personal success.

Easter Holiday Break

Have a safe and relaxing holiday break, with students returning to school on

Tuesday 24th April.

Jennifer Miggins
Principal



DEPUTY PRINCIPAL'S NEWS

Earth Hour 2012

Add a bit of ambiance to your evening and help reduce carbon emissions for just one hour when you become part of the worldwide environmental event that is Earth Hour.

This year it takes place on Saturday 31 March from 8.30 - 9.30pm.

More info: www.earthhour.org



Student Contact information

If any of your contact details have changed, please fill out the form attached to the back of this newsletter.

Infectious Diseases

Also attached to the newsletter is information about common children's infectious diseases. This information outlines the 'what to do's' for parents and children in the case of contracting one of these diseases.

Simon Bridgeman
Deputy Principal

**Transport
for NSW**

Helping learner drivers become safer drivers

FREE workshops for parents and supervising drivers

To provide practical advice about:

- Current laws for L and P licence holders.
- Supervising learner drivers.
- Completing the Learner driver log book.
- The benefits of supervised on-road driving experience.

The next workshop in your area will be held on:

Thursday 12th April 2012 - 7pm to 8.30pm
at Gundagai Shire Council
Carberry Place Gundagai

All bookings are essential by contacting 0427 470 535

YEAR 10 GEOGRAPHY EXCURSION

On Monday 27th March Year 10 Geography went to the Riverina Environmental Education Centre and Lake Albert in Wagga Wagga. This excursion was to give the students the opportunity to complete the compulsory fieldwork component of the Year 10 course. In class we have been learning about different issues that affect the Australian environment including salinity, erosion and pollution. At Lake Albert students could witness the effects of these issues and the strategies that are being implemented to stop or prevent these problems occurring.



Students completed soil and water tests on salinity, pH, phosphorous and oxygen levels as well as the turbidity of the lake. We also looked at the vegetation and used a piezometer to check the level of the water table. This allowed students to put theory into practise. We'd like to thank Keith and Paul at the Environmental Education Centre for supporting the students learning, Mr Bell for accompanying us and Ian the bus driver.

Rebecca Kingwill
HSIE Teacher

GIRL'S LIFESTYLE WORKSHOP

Twelve Year 10 girls attended a Girl's Lifestyle Workshop at Mirrabooka on Monday 19th March. The workshop program was run to inspire, motivate and educate young women about the importance of being economically empowered and financially independent.

The program was run by facilitator Jesmine Coromandel and the group mentors Kelly Lotz, Stacey Smith, Jodie Bruce and Merran Carr. The day consisted of a range of activities broadly aimed to boost self-esteem, inspire young women about the diversity of job options available and focus on the benefits of good financial planning.

Thank you to all the mentors that volunteered their time, Jesmine Coromandel for conducting the day so well and Peggy Elliott for organising the workshop.

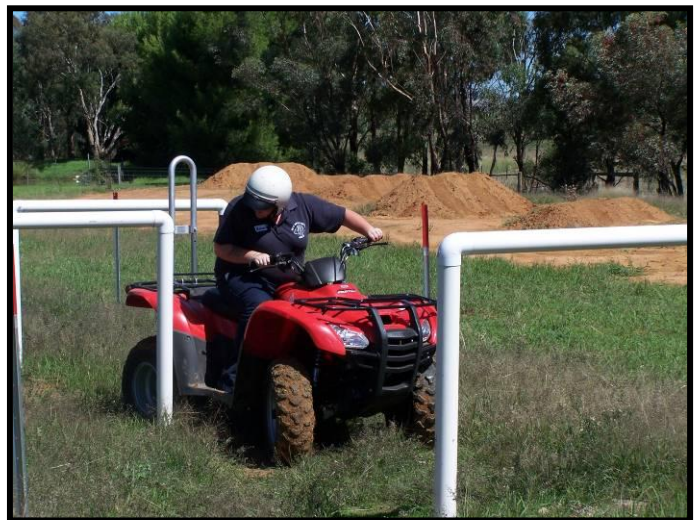
ATVS AND MOTOR BIKES COURSE

On Tuesday 20th March nine Gundagai High School Primary Industries students from Years 11 and 12 went to the North Wagga Primary Industries Centre to participate in the course Operate 2 Wheel Bikes and ATV's. The students participated in vehicle maintenance requirements, WH&S, risk assessment procedures and a series of riding and safety skills. These skills included safe cornering, emergency braking, climbing slopes, navigating a variety a ground conditions and towing a trailer. The day proved valuable to the students allowing them to correct poor techniques and to establish and practice safer ones. The instructor Mr Daryl Shipp commended the students on their mature attitude and the safe manner in which they conducted themselves.



The course forms part of the competencies the students need to achieve to obtain their Certificate II in Agriculture.

Mr D Chadwick
Agriculture Teacher



POSTPONED TUMUT SHOW SCHOOL PARADER RESULTS:

On Wednesday March 21st a team of Agriculture students travelled to Tumut to compete in the rain postponed School Parader Competition of the Tumut show. It was a day of success for Miles Hunt who won the Year 10 Champion Parader and went on to win the Grand Champion Parader. Congratulations also go to Amelia French and Tom Evans who made the final of the Year 9 section.



The Year 7 students put on an excellent display and featured high in the results but could not 'crack' that home ground

advantage. The team overall came a very close second to Tumut High. Thanks to the students for their excellent efforts. Judges Margaret Bowden and Emma Soall were very impressed with the skills of the students on the day. The judges focused their attention on the parader's knowledge of their animals and personal presentation.

The team was Amelia French, Tom Evans, Miles Hunt, Charlie Degotardi, Matthew Peterson, Harrison Daley, Clay Wilshire and Joseph Carberry. Thank you also to Sandra Daley and Dianne Peterson for assisting with transport on the day, it is always pleasing to see parents there to support the students when possible.

Dale Chadwick
Agriculture Teacher





Gundagai High School

National Assessment Program – Literacy and Numeracy 2012 LETTER TO PARENTS

In May 2012 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by all students in Years 3, 5, 7 and 9 in all government and non-government schools. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy learning of students in all Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each student's level of achievement will be reported against the national minimum standard.

Background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student's right to privacy is maintained.

The tests will be conducted across Australia for all students from 15-17 May 2012.

TUESDAY 15 MAY	WEDNESDAY 16 MAY	THURSDAY 17 MAY
Language Conventions (Spelling, Punctuation and Grammar) Writing	Reading	Numeracy (Number, Algebra, function and pattern; Chance and data; Measurement and Space)

In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 18 May – A 'catch-up' day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if:

- they are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- they have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Special provisions which reflect the student's normal level of support in the classroom will be provided. Large print, Braille and black and white versions of the tests are available for students with vision impairment.

Access to special provisions and exemption from the tests must be discussed with your school's learning support team and the school Principal, and a parent or carer consent form must be signed. Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents and carers in consultation with the Principal. If you wish to withdraw your child from the tests you must sign a parent/carers consent form. Consent forms are available at your school.

Please make an appointment with the Principal of the school your child attends if you would like further information about your child's participation in NAPLAN.

Additional information about NAPLAN can be found at:

http://www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html

<http://www.naplanforparentsnsw.com.au>

Children's infectious diseases

For more information contact your local health unit, community health centre, pharmacist or doctor

Chickenpox

Time from exposure to illness

2 to 3 weeks.

Symptoms

Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab. Can be more severe in pregnant women and newborns.

Do I need to keep my child home?

Yes, for 5 days after the rash first appears and until the blisters have all scabbed over.

How can I help prevent spread?

Immunisation is available for children at 18 months of age. It is recommended for people over 12 years who are not immune.

Conjunctivitis

Time from exposure to illness

1-3 days.

Symptoms

The eye feels scratchy, is red and may water. Lids may stick together on waking.

Do I need to keep my child home?

Yes, while there is discharge from the eye.

How can I help prevent spread?

Careful hand washing; avoid sharing towels. Antibiotics may be needed.

Gastroenteritis

Time from exposure to illness

Depends on the cause: several hours to several days.

Symptoms

A combination of frequent loose or watery stools, vomiting, fever, stomach cramps, headaches.

Do I need to keep my child home?

Yes, at least for 24 hours after diarrhoea stops.

How can I help prevent spread?

Careful hand washing with soap and water after using the toilet or handling nappies and before touching food.

German measles (Rubella)

Time from exposure to illness

2 to 3 weeks.

Symptoms

Often mild or no symptoms, mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time. Can cause birth defects if pregnant women are infected.

Do I need to keep my child home?

Yes, for at least 4 days after the rash appears.

How can I help prevent spread?

Immunisation (MMR) at 12 months and 4 years of age.

Glandular fever

Time from exposure to illness

4 to 6 weeks.

Symptoms

Fever, headache, sore throat, tiredness, swollen nodes.

Do I need to keep my child home?

No, unless sick.

How can I help prevent spread?

Careful hand washing. Avoid sharing drinks, food and utensils and kissing.

Children's infectious diseases

Hand, foot and mouth disease

Time from exposure to illness

3 to 7 days.

Symptoms

Mild illness, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area.

Do I need to keep my child home?

Yes, until the blisters have dried.

How can I help prevent spread?

Careful hand washing especially after wiping noses, using the toilet and changing nappies.

Head lice

Time from infestation to eggs hatching

Usually 5 to 7 days.

Symptoms

Itchy scalp, white specks stuck near the base of the hairs, lice may be found on the scalp.

Do I need to keep my child home?

No, as long as head lice treatment is ongoing.

How can I help prevent spread?

Family, friends and classroom contacts should be examined and treated if infested.

Hepatitis A

Time from exposure to illness

About 2 to 6 weeks.

Symptoms

Often none in small children; sudden fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.

Do I need to keep my child home?

Yes, for 2 weeks after first symptoms or 1 week after onset of jaundice.

How can I help prevent spread?

Careful hand washing; close contacts may need to have an injection of immunoglobulin; immunisation recommended for some people.

Impetigo (school sores)

Time from exposure to illness

1 to 3 days.

Symptoms

Small red spots change into blisters that fill with pus and become crusted; usually on the face, hands or scalp.

Do I need to keep my child home?

Yes, until treatment starts. Sores should be covered with a watertight dressing

How can I help prevent spread?

Careful hand washing.

Influenza

Time from exposure to illness

1 to 3 days.

Symptoms

Sudden onset of fever, runny nose, sore throat, cough, muscle and headaches.

Do I need to keep my child home?

Yes, until they feel better.

How can I help prevent spread?

Immunisation is especially recommended for the elderly and people with underlying medical conditions.

Measles

Time from exposure to illness:

About 10 to 12 days until first symptoms, and 14 days until the rash develops.

Symptoms

Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.

Do I need to keep my child home?

Yes, for at least 4 days after the rash appears.

How can I help prevent spread?

Immunisation (MMR) at 12 months and 4 years. Contacts who are not immune may be excluded from school for 14 days.

Children's infectious diseases

Meningococcal disease

Time from exposure to illness

2 to 10 days.

Symptoms

Sudden onset of fever and a combination of headache, neck stiffness, nausea, vomiting, drowsiness or rash.

Do I need to keep my child home?

Seek medical help immediately. Patient will need hospital treatment.

How can I help prevent spread?

Close contacts may need to take a special antibiotic and should see their doctor urgently if symptoms develop. A vaccination against one strain of meningococcal disease is given to all children at 12 months of age.

Mumps

Time from exposure to illness

14 to 25 days.

Symptoms

Fever, swollen and tender glands around the jaw.

Do I need to keep my child home?

Yes, for 9 days after onset of swelling.

How can I help prevent spread?

Immunisation (MMR) at 12 months and 4 years of age.

Ringworm

Time from exposure to illness

Varies (may be several days).

Symptoms

Small scaly patch on the skin surrounded by a pink ring.

Do I need to keep my child home?

Yes, until the day after treatment has begun.

How can I help prevent spread?

Careful hand washing.

Scabies

Time from exposure to illness

New infections: 2 to 6 weeks

Reinfections: 1 to 4 days.

Symptoms

Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.

Do I need to keep my child home?

Yes, until the day after treatment has begun.

How can I help prevent spread?

Close contacts should be examined for infestation and treated if necessary. Wash linen, towels and clothing worn in the past 2 days in hot water and detergent.

Scarlet fever

Time from exposure to illness

1 to 3 days.

Symptoms

Sudden onset sore throat, high fever and vomiting, followed by a rash in 12 to 36 hours.

Do I need to keep my child home?

Yes, until at least 24 hours of treatment has begun and the child is feeling better.

How can I help prevent spread?

Careful hand washing. Sick contacts should see their doctor.

Children's infectious diseases

Slapped cheek (Erythema infectiosum, Fifth disease, Parvovirus B19)

Time from exposure to illness

1 to 2 weeks.

Symptoms

Mild illness: fever, red cheeks, itchy lace-like rash and possible cough, sore throat or runny nose. If you are pregnant when your child has this disease see your doctor immediately because it could affect your unborn baby.

Do I need to keep my child home?

No, this disease is most infectious before the rash appears.

How can I help prevent spread?

Careful hand washing; avoid sharing drinks.

Whooping Cough (pertussis)

Time from exposure to illness

7 to 20 days.

Symptoms

Starts with runny nose, followed by persistent cough that comes in bouts. Bouts may be followed by vomiting and a whooping sound as the child gasps for air.

Do I need to keep my child home?

Yes, until the child has taken the first 5 days of a special antibiotic.

How can I help prevent spread?

Immunisation at 2,4,6 months, 4 years and in high school. A special antibiotic can be given for the patient and close contacts. Unimmunised contacts may be excluded from child care unless they take a special antibiotic.

Worms

Time from exposure to illness:

Several weeks.

Symptoms

Itchy bottom.

Do I need to keep my child home?

No.

How can I help prevent spread?

Careful hand washing. Whole household should be treated. Wash linen, towels and clothing worn in the past 2 days in hot water and detergent.



UPDATE OF
STUDENT AND FAMILY DETAILS

Date: _____

Student(s) Name: _____ Year _____

_____ Year _____

_____ Year _____

_____ Year _____

_____ Year _____

Home Address: _____

Home Phone No: _____ Mobile No: _____

Email: _____

Emergency Contact Name: _____

Emergency Contacts Phone No: _____

Father – Name: _____ Work Ph. No: _____

Mother – Name: _____ Work Ph. No: _____

Doctor: _____ Phone No: _____

Medicare Number: _____

Medical/ Allergy Problems: Yes / No

Details _____

COMMUNITY NEWS

GUNDAGAI/ADELONG JUNIOR RUGBY LEAGUE

- * Last Registration day on this Friday the 30th of March at 4:30 at Anzac Park.
- * Leaguetag registrations are also being taken for girls aged 10-14, \$50.00 for rego which includes socks, shorts and players bag. All registrations need to be paid this Friday 4:30 at Anzac park.
- * Training is Friday at Anzac park 4:30 (not high school).
- * Mini-Mod carnival in Batlow at Memorial Park this Sunday the 1st of April for players 6yrs up to 11yrs 9am start. See coaches regarding information.
- * Group 9 Trials (12's up to 15's) this weekend, Sunday 1st April, Laurie Daley Oval, Junee 9am start. See coaches regarding information.

NETBALL REGISTRATION

NAME: _____

ADDRESS: _____

D.O.B.: _____ SHIRT SIZE(\$25): _____

CLASS: _____ PHONE: _____

EMAIL: _____

TEAM PREFERRED: _____

If you are in yrs 1, 2 or 3 and are interested in playing netball, please Complete & email to trace33@westnet.com.au

All other teams (yr 4 up) please complete & email. If you would like to organise your own team you may do so by contacting Tracey Ingold for a team pack and it will be sent to you at school or home. Any enquiries please contact Tracey on 0412806400 or email trace33@westnet.com.au

A \$10 fee will be payable to Gundagai Netball Club in addition to Tumut Netball Fees which are:

Yr Born 2007	\$30.00
Yr Born 2005/2006	\$43.00
Yr Born 2002/2004	\$55.00
Yr Born 1995/2001	\$70.00
Yr Born 1994 or before	\$90.00

Registration day will be Saturday 31st March at a venue to be advised. All teams must have a team pack completed and a minimum of 7 players with completed registration form & payment included.

Information also available on our website Gundagainetball.wordpress.com